

#### Why do I burp?

When you eat or drink, you don't just swallow food or liquid. You also swallow air. The air we breathe contains gases, like nitrogen and oxygen. Swallowed gases need to get out sometimes, and when they do, you burp!



## Why does my nose run?

- You have a cold, flu, or allergies and your nose makes even more mucus (snot) than usual.
- You're crying and your tears drain through the tear ducts that empty into your nose.
- Your nose makes more mucus when it's trying to warm up the cold air you're breathing.



## Why do feet stink?

You always have some bacteria living on your feet, but they can multiply quickly when they're inside a dark, sweaty shoe. Bacteria eat dead skin cells and oils from your skin. Their colonies grow and start getting rid of waste in the form of organic acids. It's those organic acids that smell bad.



## What's a booger?

You know you have mucus in your nose - that slippery, slimy stuff also known as snot. Did you also know that your nose has hairs that catch dust, dirt, germs, and other gunk?

A booger forms when mucus dries in your nose and clumps together with all the stuff that's been caught.



## What's a funny bone?

You bumped your elbow and now it feels strange and tingly. People call it your funny bone, but it's really a nerve. Your ulnar nerve runs along the inside of your elbow. Bump your elbow and the ulnar nerve can bump against your arm bone. Yow - that feels funny!



## What happens to swallowed gum?

Gulp. You swallowed your gum. Will it really stay in your stomach for 7 years? No. But gum isn't like other food. Your body can't break it down the same way. Swallowed gum makes its way through your digestive system (stomach and intestines) and comes out the other end when you poop.

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